



# BGS Celebrates Sporting Triumphs

## CONGRATULATIONS BGS U19 2nd XI KENT CHAMPIONS!!

I would like to congratulate the Sixth Form 2nd XI for their battling performance on Saturday at Maidstone United's Ground. The final result was 1-1 and competition rules dictate that the title is shared between both finalists.

It has been a fantastic season and I thank all those footballers who have represented the school side at one point or another.

A full match report will follow from the Captain in next week's newsletter.

*Mr Mackle, Football Coach*



## LONDON MARATHON NEWS

Mrs Harris' husband ran the London Marathon on Sunday 22nd April in what proved to be the hottest London Marathon on record. It was his first marathon which has been incredibly challenging but he managed to finish in an impressive 4hours 22 minutes. He ran to raise money for two charities, the John Eastwood Hospice in Mansfield and of course Bexley Grammar School! So far he has raised £600 for BGS which will go straight to the Music Fund. You can donate to either charity using the following links.

John Eastwood Hospice:

<https://www.justgiving.com/fundraising/andrew-harris42>

BGS Music Fund:

<https://www.justgiving.com/campaigns/charity/bexleygrammarschool/music>



## Our Website is Changing!

Please note:

This summer, Bexley Grammar School will secure a new, bespoke website on a modern platform that is mobile-friendly and far more flexible with images and video than our current site which has nonetheless served us well for many years.

The move will be in two stages:

1. We move to a temporary, mobile-friendly website in the next few days and do some Spring cleaning in the process.
2. Later this summer, we move to a bespoke, newly designed website which will be our home for many years to come.

You may experience some difficulty reaching our website over this weekend and early next week. If you do, please try again later.

Mr Elphick



## Volunteer Photographer

We are looking for a keen photographer who would be willing to volunteer their services to document some of the more exciting, visual elements of our school life. (For a number of years we had a wonderful parent who came to our Sports Day/Summer Fayre, ECM days, productions and performances and documented many of these with some memorable photos.) We are also interested in someone who could make short video clips of school life for our new website.

It would be invaluable to have someone we might be able to call upon to visit for an hour perhaps during the school day occasionally or for an evening event.

We would need to carry out our usual police and DBS checks for volunteers.

If anyone is able to help, please email [enquiries@bexleygs.co.uk](mailto:enquiries@bexleygs.co.uk) with 'Volunteer Photographer' in the subject line.

Thank you.

Mr Elphick



## Year 8 and Bexley Food Bank

Year 8 students are collecting donations for Bexley Food Bank through the summer term. The food bank offers emergency relief packages to families who are suffering financial hardship and poverty through the borough of Bexley. Every Friday we walk the donations made in school to the local drop off point. If you would like to donate, please check the lists of the items they need and bring your donations in to reception.

Thank you in advance!

Mrs Harris  
Director of Studies, Year 8

### URGENTLY NEEDED ITEMS

- COFFEE
- NOODLES
- LONG LIFE FRUIT JUICE & SQUASH
- LONG LIFE MILK
- SPONGE PUDDINGS & RICE PUDDINGS
- TOILETRIES: TOILET ROLLS, WASHING POWDER, DISPOSABLE RAZORS
- TINNED SPAGHETTI, TOMATOES, SWEETCORN, PEAS & CARROTS
- TINNED FISH
- TINNED FRUIT
- RICE
- PASTA SAUCE
- BREAKFAST CEREAL (NO PORRIDGE)

### WE'VE GOT PLENTY OF

- BEANS
- PASTA
- SOUP
- TEA
- SUGAR



## The Carnegie Reading group

### The story continues...

The votes have been cast, the tallies have been totalled and our 'First Impressions' vote results are out! In tied last place are 'Wed Wabbit' and 'Rook', with 27 points. Then, 'Saint Death' with 34 points. Now, 5<sup>th</sup> is 'Release' with 41 points, and then 'The Hate U Give' with 44. Third is 'Beyond the Bright Sea' with 45 points. Bringing up the rear is 'After the Fire' with 50 points. Finally, in the lead is 'Where the World Ends' by Geraldine McCaughrean with a grand total of 56 points! This week, similar to last week, we munched on some cookies. The newest poll on our website is: If you could be a mythical creature, what creature would you be? So far, Vampire is in the lead with 7 votes! This week we got into groups to discuss the books we'd read, and made cards, giving details of our favourite characters and scenes, and a star rating, out of five. That's all for now, we'll see you next week!



Olivia Harry, Year 9



Parents'  
Association

## Do you own or work for a local business? Looking for an Opportunity to Advertise?

On the 9<sup>th</sup> June the school will be holding its annual Summer Fayre and in past years this has been extremely well attended. To complement this, we produce a printed programme for visitors that sets out the events taking place during the day. The programme will also have space for advertising and with the expected numbers of people attending this offers a great opportunity for local businesses to promote themselves in the community at a fraction of the cost of a local newspaper advertisement.

This year we are offering a full page (A5) advert for only **£30** or half page for **£20**. If you would like to advertise in our Summer Fayre programme and require further information please contact:

**Michelle via email at [bgspa.summerfayre@gmail.com](mailto:bgspa.summerfayre@gmail.com) by 21<sup>st</sup> May\*.**

All funds raised will be helping towards BGSPA's target this year of £10,000 to benefit various projects across the school.

\*Payment must be received no later than 1<sup>st</sup> June to ensure inclusion on the programme

**ADVERTISE  
YOUR  
BUSINESS  
HERE**



## Youth Action Diversity Trust

Being a young person in today's world is challenging and at the YADT, they understand that some young people need a little extra support to help them get a positive start in life or overcome obstacles along the way. They offer group workshops and one-to-one support sessions looking at a number of issues and life skills, such as exploring communication skills, improving confidence and self-esteem, anxiety, behaviour awareness, problem solving, stress management, team building and leadership.

Please find the information below about two new services that they are offering as part of the YADT Behavioural Support Service.

**Anger Management and Social Anxiety Support** - is for young people aged 8 to 17 years and can be delivered one-to-one behaviour support or group workshops. Please see the leaflet below for more information.

### Youth Action Diversity Trust presents Behavioural Support Service - Anger Management -



Feeling angry is part of being human. It is a natural response to being attacked, insulted, deceived, disappointed or frustrated.

It's ok to feel angry (everyone does at times) and anger can be useful when we know how to manage it well. But it can also be frightening. Anger becomes a problem when it harms you or the people around you and can cause depression, anxiety, sleep problems and eating disorders.

If you need help to understand and manage your anger, contact us today!

For more information, please contact:

North Cray Neighbourhood Centre

1 Davis Way Sidcup DA14 5JR

020 8308 3862

Email: [yadt@sky.com](mailto:yadt@sky.com) / Facebook: @YADTBexley

Website: [www.YouthActionDiversityTrust.co.uk](http://www.YouthActionDiversityTrust.co.uk)



Youth Action Diversity Trust

Registered Company No. 5905999 / Registered Charity No. 1118218

## Anger Management for young people

Our Anger Management support service is for young people aged 8 to 17 years and can be delivered one-to-one behaviour support or group workshops.

### Anger Management One-to-One Support

The one-to-one support service gives young people the freedom and safety to explore their own anger management on a more personal level. After an initial assessment has been made, weekly one-to-one support sessions will take place. We charge £40 per session for this behavioural support and all our meetings take place at the North Cray Neighbourhood Centre which is neutral ground for most families.

### Anger Management Group Sessions

Anger Management sessions are designed for groups of up to 6 young people and are structured across six, 1 hour sessions. Each session costs £60 per group. The sessions look at the causes and triggers of anger and provides young people with the tools necessary to control anger.

### Get in touch: -

If you are a parent, carer or professional and would like to refer a young person, please contact us for a referral form. If you are a professional who would be interested in our group sessions, please contact us for more information.

## Behavioural Support Service

Being a young person in today's world is challenging and here at YADT, we understand that some young people need a little extra support to help them get a positive start in life or overcome obstacles along the way. We offer group workshops and one-to-one support sessions looking at a number of issues and life skills, such as exploring communication skills, improving confidence and self esteem, anxiety, behaviour awareness, problem solving, stress management, team building and leadership.

## Time Out for Parents: Handling Anger in the Family

Throughout the year we run a number of 'Care for the Family: Time Out for Parents Courses', including 'Handling Anger in the Family'. Contact us now for our latest course dates and fees.

Visit [www.YouthActionDiversityTrust.co.uk](http://www.YouthActionDiversityTrust.co.uk) for details of all of our services



Youth Action Diversity Trust

Head Office: 020 8308 3862

Email: [yadt@sky.com](mailto:yadt@sky.com) / Facebook: @YADTBexley

Website: [www.YouthActionDiversityTrust.co.uk](http://www.YouthActionDiversityTrust.co.uk)



Youth Action Diversity Trust

News Items You May Have Missed



# Ladies Fashion Show **AND** Pop-up Shop!

**SHOP YOUR FAVOURITE HIGH STREET BRANDS  
AT 50% OFF OR MORE!**

Colours.

[FUN]DRAISING  
FASHION SHOWS



Thursday 24th May 2018  
**Bexley Grammar School**

Bexley Grammar School, Danson Lane, Welling DA16 2BL

**Doors open 7pm, show starts 7.30pm**

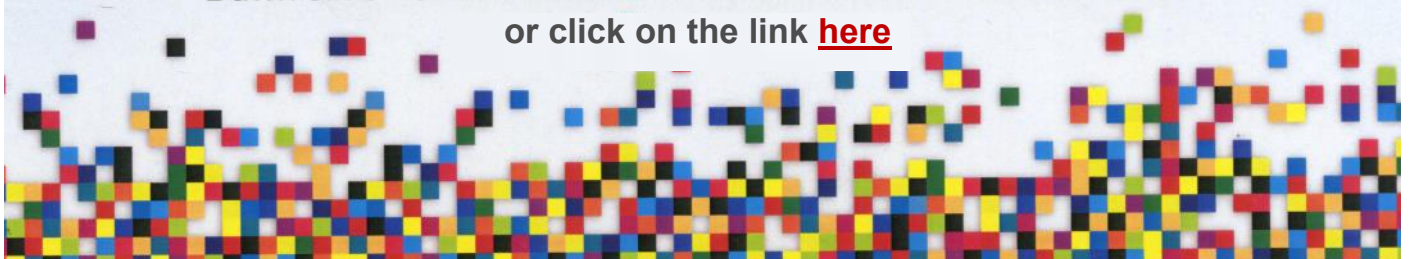
**Tickets: £5** includes a free drink. Students - £2.50 (under 18's)

Tickets to be purchased in advance.

Charity raffle: FABULOUS prizes to be won at the show!

For tickets and more information please contact:  
Dawn Sims - 07584 373643 or Deann Peetoom - 07884 436992

or click on the link [here](#)



## Forthcoming Events

### April

**Friday 27<sup>th</sup>** ~ Year 10 Mocks & Year 12 Part 1 Exams end  
~ Year 13 IB External Exams begin

### May

**Tuesday 1<sup>st</sup>** ~ Year 7 Parents' Evening

**Monday 7<sup>th</sup>** ~ **Bank Holiday (school closed - except for Year 13 IB examinations)**

**Friday 11<sup>th</sup>** ~ **Last day Year 11 (before Exams)**

**Friday 18<sup>th</sup>** ~ **Last day Year 13 A Level**  
~ **Final assembly for Year 13 cohort**

**Monday 21<sup>st</sup>** ~ Year 9 Exams (in classrooms) begin until Friday 25<sup>th</sup> May

**Wednesday 23<sup>rd</sup>** ~ KS3 Musical Showcase

**Thursday 24<sup>th</sup>** ~ PA Event, Ladies Fashion Show & Pop-up Shop, Doors open 7.00 pm (see notice)

**Friday 25<sup>th</sup>** ~ Last full school day before half term