

HEALTH & WELLBEING	WAS-wELLBEING aWARD FOR sCHOOLS											
KS3 H1-32	Year 7	Year 8	Year 9	The following POS core focus are studied out side of PSHCE sessions	KS4 H1-18	Year 10	Year 11	The following POS core focus are studied out side of PSHCE sessions	KS5 H1-19	Year 12	Year 13	The following POS core focus are studied out side of PSHCE sessions
SELF-ESTEEM AND IDENTITY	P1: anti bullying, Au1: friends, love and relationships, P4: who we are, P1: Peer educators	P1: bullying or banter, P1: online bullying, Sp1: communication, Sp1: Gender (in)Equality, Sp2: Gender roles	P1: bullying in relationships, Sp1: confidence & achievement, P1: body image	P1 & P4 cover: H1, H2, H3, H4, H5, H7, H9, H13, H14, H15, H20 (including first aid). P1 ONLY: H12, H16, H17, H18, H19, H11 (plus done in science), H10, H21, H23, H24, H25, H26, H27, H28, H29, H30, H31, H32. NOT COVERED: H8,	SELF ESTEEM	P4: mindfulness, P1: trolling and healthy online relationships	P3: sexual bullying, P3: gangs & peer pressure	P1 & P4 COVER: H1, H2, H3, H4, H5, H6, H7. P1 ONLY: H9, H10, H14. P2 ONLY: H13, H14. P3 ONLY: H15, H16, H17. Science: H10, H11, H16, H32. NOT COVERED: H8, H12, H18	SELF ESTEEM	Au1: Settling in & sixth form opportunities, Sp1: Wellbeing		Science: H1, H2, H4
MENTAL HEALTH	P4: Mental health day. Mental health day October Au1, P1: Peer educators	P4: Mental health day, P1: social media, Au1: emotional literacy, P4: character resilience, Mental health day October Au1	P4: Mental health day, P1: protect your mental health, P1: body image, Sp2: growth mindset, Su1: self discipline & self harm, Sp1: confidence and achievement, P4: mindfulness, Mental health day October Au1		MENTAL HEALTH	P4: Mental health day, P4: mindfulness, Au2: risk taking, Sp2: stress, Mental health day October Au1	P4: Mental health day, Au2 exam stress & management, Sp1: perseverance & procrastination, Sp2: time management, Mental health day October Au1		MENTAL HEALTH	Mental health day Half term 3: PSHCE Wellbeing topic covered. Students also have the option to take up Wellbeing on a Wed p7 for a 6 week course with SMB. This is optional. Sp1: Wellbeing	Mental health day	
HEALTHY DEVELOPMENT AND INCREASED INDEPENDENCE AROUND HEALTH CHOICES	P4: Biology: purpose and importance of vaccination	Au1: Healthy eating, Au2: Exercise, Biology: purpose and importance of vaccination	P4: Healthy living and eating, Su1: self discipline, Biology: purpose and importance of vaccination		RESPONSIBILITY FOR HEALTH	P4: looking after yourself, Biology: purpose and importance of vaccination	P4: active lifestyle, Biology: purpose and importance of vaccination		RESPONSIBILITY FOR HEALTH	Sp1: Wellbeing	Sp2: Healthy Living	
HEALTHY LIFESTYLES	Sp1/2: healthy living, P4: , Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed)	Au2: Exercise , Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed)	P4: Healthy living and eating , Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed)		BODY IMAGE	P4: looking after yourself, Science: UV radiation and effects , Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed)	P4: active lifestyle, Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed)		BODY IMAGE	, Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed)	, Biology: what cancer is, and lifestyle choices (need for healthy diet, exercise, and the risks associated if they are not followed), Sp2: Rape and abuse	

MANAGING AND REDUCING RISK	P1: road safety, P1: cycle safety, P1: online safety	P1: online grooming, P1: sexting	P1: online privacy and sexual health assembly, P4: sun cream, P1: catfish and online safety.		RISK MANAGEMENT AND SAFETY	P1: Telling and online bullying. P1: domestic violence, science: UV radiation and effects	P3: sexual bullying, P3: gangs & peer pressure		RISK MANAGEMENT AND SAFETY	Au2: Rape & consent		
DRUG, ALCOHOL AND TOBACCO EDUCATION	P1: intro to drugs, alcohol	P1: alcohol & sex			DRUG, ALCOHOL AND TOBACCO EDUCATION	Sp2: smoking, P1: drugs and the law, Biology: alcohol and damage to the liver, smoking and damage to lungs etc	P3: sexual bullying, P3: gangs & peer pressure, Biology: alcohol and damage to the liver, smoking and damage to lungs etc		DRUG, ALCOHOL AND TOBACCO EDUCATION	Half term 2: Daniel Spargo Mabbs Foundation assembly on risks of drugs followed by PSHCE unit (materials from DSMF)		
SEXUAL HEALTH	P1: puberty & periods, Au1: friends, love and relationships	P1: Peer pressure, Sp1: consent	P1: contraception, Au1: relationships & marriage, Au1: LGBT+		SEXUAL HEALTH AND PREGNANCY	P1: sexual health & making better decisions, P1: STI's, Au1: domestic conflict & peer pressure	P3: sexual bullying, P3: gangs & peer pressure,		SEXUAL HEALTH AND PREGNANCY	Au2: Rape & consent		
FGM												
Citizenship	P2: enterprise activities & sustainability, P5: Asian day, Au2: sustainability, Su1: racism, Su2: democracy	P2: just give local charities, P5: trade and sustainability, Au2: global citizenship, Su2: British values & diversity, Su1: CAS, P3: europa town	P5: language trips, Au1: LGBT+, Su2: extremism			P5: trips, Su2: British values and religion						
RELATIONSHIPS & SEX EDUCATION												
KS3 R1-R38	Year 7	Year 8	Year 9	The following POS core focus are studied out side of PSHCE sessions	KS4 R1-R29	Year 10	Year 11	The following POS core focus are studied out side of PSHCE sessions	KS5 R1-R22	Year 12	Year 13	The following POS core focus are studied out side of PSHCE sessions
POSITIVE RELATIONSHIPS	P1: anti bullying, Au1: friends, love and relationships, P4: who we are,	P1: bullying or banter, P1: online bullying, Sp1: communication,	P1: bullying in relationships	P1: R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19,	MANAGING HEALTHY RELATIONSHIPS	P1: domestic violence.	P3: sexual bullying, P3: gangs & peer pressure	P1: R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19, R20,	MANAGING HEALTHY RELATIONSHIPS	Au2: Rape & consent	Spring 2	

POTRAYAL OF RELATIONSHIPS	Au1: friends, love and relationships	P1: social media, P4: character resilience	Au1: relationships & marriage	R20, R21, R22, R23, R24, R25, R26, R27, R28, R29, R30, R31, R32, R33 (& ASSEMBLIES), R34, R35, R36, R37, R38, R39. P2: R1, R2, R3, R4, P3: R5, P4: R2, R3, R9, R18, R19, R24	POTRAYAL OF RELATIONSHIPS	P4: mindfulness, P1: trolling and healthy online relationships	Sp1: perseverance & procrastination	R21, R22, R23, R24, R25, R26, R27, R28, R29. P3: R1, R8, R13, R14, R15, R18, R19. P4: R1, R2.	POTRAYAL OF RELATIONSHIPS	Au2: Rape & consent	
FAMILY LIFE	Au1: friends, love and relationships				DIFFERENT TYPES OF FAMILIES				DIFFERENT TYPES OF FAMILIES		
FORMING AND MAINTAINING RELATIONSHIPS	Au1: friends, love and relationships		Au1: relationships & marriage		UNHEALTHY RELATIONSHIPS	P1: dating violence			UNHEALTHY RELATIONSHIPS		Spring 2
CONSENT		P1: online grooming, P1: sexting, P1: Peer pressure, Sp1: consent	P1: online privacy, P1: catfish and online safety.		CONSENT	P1: dating violence, P1: sexual health & making better decisions, P1: STI's, Au1: domestic conflict & peer pressure	P3: sexual bullying, P3: gangs & peer pressure		CONSENT	Half term 2: Rape/consent. BBC video and discussions	
CONTRACEPTION		P1: alcohol & sex	P1: contraception		CONTRACEPTION AND PREGNANCY CHOICES	P1: sexual health & making better decisions, P1: STI's,	P3: sexual bullying, P3: gangs & peer pressure		CONTRACEPTION, CONCEPTION AND PREGNANCY CHOICES		Assembly in Spring
PEER PRESSURE LGBT+ INCLUSIVE CURRICULUM		P1: Peer pressure, Sp1: Gender (in) Equality, Sp2: Gender roles	Au1: relationships & marriage, Au1: LGBT+		LGBT+ INCLUSIVE CURRICULUM	P1: sexual health & making better decisions, P1: STI's, Au1: domestic conflict & peer pressure	P3: sexual bullying, P3: gangs & peer pressure,		LGBT+ INCLUSIVE CURRICULUM		Assembly in Spring
BULLYING AND ABUSE	Su1: racism, Su2: democracy, P1: anti bullying,		Au1: LGBT+, P1: bullying in relationships			P1: dating violence, P1: sexual health & making better decisions, P1: STI's, Au1: domestic conflict & peer pressure	P3: sexual bullying, P3: gangs & peer pressure,				
FRIENDSHIP GROUPS AND GANGS	P1: anti bullying, P1: healthy relationships, Au1: friends, love and relationships, P4: who we are,						P3: sexual bullying, P3: gangs & peer pressure,				
ONLINE RELATIONSHIPS / INTERNET SAFETY	P1: Bully or banter and healthy relationships	P1: online grooming, P1: sexting, P1: Peer pressure, P1: social media	P1: online privacy, P1: catfish and online safety.			P1: trolling and healthy online relationships					

Citizenship	P2: enterprise activities & sustainability, P5: Asian day, Au2: sustainability, Su1: racism, Su2: democracy, Sp1: volunteering	P2: just give local charities, P5: trade and sustainability, Au2: global citizenship, Su2: British values & diversity, Su1: CAS, P3: europa town, Su2: Debating	P5: language trips, Au1: LGBT+, Su2: extremism, The wider world		Citizenship	P5: trips, Su2: British values and religion						
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LIVING IN THE WIDER WORLD													
KS3 L1-L20	Year 7	Year 8	Year 9	The following POS core focus are studied out side of PSHCE sessions	KS4 L1-L22	Year 10	Year 11	The following POS core focus are studied out side of PSHCE sessions	KS5 L1-L25	Year 12	Year 13	The following POS core focus are studied out side of PSHCE sessions	
LEARNING SKILLS		Sp2: communication and team work skills	P2: STEM, Sp1: confidence and achievement	P1: L1, L3, L4, L5, L6, L7, L8, L9, L10, L11, L15, L16, L17, L18, L20, P3: L1, L2, L7, L8, L9, L10, L11, L12, L13, L14, L15, L16, L20. P4: L1, L2, L3, L5, L7, L8, L9, L12, L13, L14, L20. P5: L1, L2, L3, L13. NOT COVERED: L19	LEARNING SKILLS		Au1: Work place skills	P1: L2, L6, L7, L8, L11. P2: L1, L2, L9, L10, L11, L12, L13, L14, L15, L16, L17, L18, L19. P3: L1, L2, L3, L4, L5, L6, L9, L10, L11, L12, L13, L14, L15, L16, L17, L18, L19. P4: L1, L10, L11. P5: L20, L21, L22. DEVELOP L17, L20	LEARNING SKILLS	P2: EE writing. P4: Research skills.	P1: Interview Techniques.	P1: I7, p4: L7, L17, L18, L19, L24, P5: L17, L18, L19, L24, TOK: L4, L8	
DIVERSITY AND PREJUDICE	Su1: racism, Su2: democracy, BreXIT and EU, Au1: bullying and racism	Au2: global citizenship, Su2: British values & diversity, Su1: CAS,	Su2: extremism		DIVERSITY AND DISCRIMINATION	Su2: British values and religion			DIVERSITY AND DISCRIMINATION	Su1: British Values			
HUMAN RIGHTS	Su1: racism, Su2: democracy	Au2: global citizenship, Su2: British values & diversity			EXTREMISM	Su2: British values and religion			EXTREMISM	Su1: British Values			
CHOICES AND PATHWAYS	P1: Language choices	P3: Europa town and careers	P2: STEM day, P3: options, P3: Fast Tomato		EMPLOYMENT PATHWAYS	P3: work experience prep, CV writing, P5: trips	P1: work experience, P2: sixth form options		EMPLOYMENT PATHWAYS	P1: Group 4 project Half term 6 UCAS. P5: UCAS applications. Personal statement writing	P1: UCAS options, non-uni options, Oxbridge options and tests, interview practice EKR 2020. P4: non-uni day, apprenticeships , job applications		
WORK AND CAREER	P1: Volunteering	P3: careers, P3 The real game, Sp2: communication and team work skills	P2: STEM day, P3: options, P3: Fast Tomato		RIGHTS AND RESPONSIBILITIES AT WORK	P3: work experience prep, P2: cragrats, Sp1: careers, Su1: work experience	P1: work experience, P2: sixth form options, Au1: work experience		RIGHTS AND RESPONSIBILITIES AT WORK				

ENTERPRISE	P2 & Sp2: enterprise activities & sustainability, Au2: sustainability,	P3: Europa town, P2: just give local charities, P5: trade and sustainability, Su1: CAS,	P2: STEM day, P3: options, P2: urban planning		MEDIA LITERACY AND DIGITAL RESILIENCE				MEDIA LITERACY AND DIGITAL RESILIENCE	Half term 4: Literacy in world of work in PSHCE		
FINANCIAL CHOICES	P2: enterprise activities & sustainability, Au2: sustainability, Sp2: wants, needs and money	P3 The real game	Au2: managing money and gambling		FINANCIAL CHOICES AND CONSUMERISM	P5: money matters budgeting			FINANCIAL CHOICES AND CONSUMERISM		P4: Financial budgeting talk. Sp1: Finance	
Citizenship	P2: enterprise activities & sustainability, P5: Asian day, Au2: sustainability, Su1: racism, Su2: democracy	P2: just give local charities, P5: trade and sustainability, Au2: global citizenship, Su2: British values & diversity, Su1: CAS, P3: europa town	P5: language trips, Au1: LGBT+, Su2: extremism		Citizenship	P5: trips, Su2: British values and religion						