

## PSHCE OVERVIEW 2022-2023

	Y7- Tuesday		Y8- Thursday		Y9- Thursday		Y10- Thursday		Y11- Tuesday	
	PSHCE	POWER	PSHCE	POWER	PSHCE	Power	PSHCE	POWER	PSHCE	POWER
Autumn 1	<a href="#">Friendship; and transition to secondary school</a>	Road safety; Cycle Safety Bullying/Banter; Online safety; Drugs; Puberty	<a href="#">Digital Literacy</a>	Grooming; Cyber Bullying; Peer Pressure; Sexting; Social Media Bullying/Banter FGM	<a href="#">LGBTQAI+; Love &amp; Marriage</a>	Sexting; Body Image; Contraception; Dating Violence; Impact of Pornography; Mental Health	<a href="#">Domestic Conflict</a>	Positive Relationships; STIs; Sex: Better Decisions; Dating Violence; Mental Health;	<a href="#">Perseverance &amp; Procrastination</a>	
Autumn 2	<a href="#">Environmental Sustainability</a>	Enterprise: DRAGON'S DEN	<a href="#">First Give</a>		<a href="#">Managing Debt; Addiction, ILPS</a>	STEM	<a href="#">Exam Skills</a>	Urban Planning (CragRats?); D of E (+ First Aid) Food; Industry	<a href="#">Sixth-Form at BGS</a>	Sixth Form Options
Spring 1	<a href="#">Wants &amp; Needs; Intro to Money</a>	2nd Language Choices	<a href="#">Emotional Literacy</a>  (First Give)	Europa Town; ICT; The Real Game	<a href="#">Options; Self Managers</a>	Options; ToK; Fast Tomato	<a href="#">Work Experience; Careers</a>	Work Experience	<a href="#">Careers</a>	Gangs; County Lines; Consent (sex); LGBTQAI+ Speaker
Spring 2	<a href="#">Healthy Living; Balanced Diet</a>	Investigating who we are: Mindfulness	<a href="#">CAS Journals</a>	Mindfulness: Meditation & Wellbeing	<a href="#">Self Confidence</a>	Mindfulness; Growth Mindset; Resilience; Stand Up	<a href="#">Stress Management; Mindfulness</a>	Stress Management; Active Lifestyle	<a href="#">TOK</a>	English Day; Exam Stress
Summer 1	Exam Week Prep / <a href="#">Democracy in the UK</a>	Japanese Maths; Origami; Language Games & Song; Kendo	<a href="#">Consent</a>	Brexit; Dhol Drumming; Fair Trade; Food Miles International Cuisine	<a href="#">Mental Health</a> (replaced Exam Prep & Self Discipline)	Drumming (All day) BALANCED DIET MANAGING DEBT & GAMBLING CANCER - put these somewhere	<a href="#">Risk Taking</a>	2018-2019: Danson WaterSports; Subject Session; Money Matters CV WRITING FIRST AID WHY UNI AND PSHCE	<i>Goodbyes; Study Leave</i>	<i>Study Leave</i>
Summer 2	<a href="#">Racism &amp; Respect</a>	No Power Day	<a href="#">British Values</a>	No Power Day	<a href="#">Extremism</a>	No Power Day	<a href="#">Life Skills</a> (replaced British Values)	No Power Day	<i>Study Leave</i>	<i>Study Leave</i>

### RSE audit and [Sixth form life skills](#):

Y7: Au1: [Friendship; Love & Romance](#), [Consent](#). Sm1 [british values](#). Sm2 [equality](#). P1: [Bullying/Banter](#); [Online safety](#), [Puberty](#)

Y8: P1: [Grooming](#), [Cyber Bullying](#), [Peer Pressure](#), [Sexting](#), [Social Media](#), [Bullying/Banter](#), Su1: [consent](#)

Y9: Au1: [LGBTQAI+](#), [Love & Marriage](#), P1: [Sexting](#), [Body Image](#), [Contraception](#), [Dating Violence](#), [Impact of Pornography](#), Sp2: [Self Confidence](#), [Mental Health](#)

Y10: Au1: [Domestic Conflict](#), P1: [Positive Relationships](#), [STIs](#), Sex: [Better Decisions](#), [Dating Violence](#)

Y11: Sp1: [Perseverance & Procrastination](#) (respecting boundaries), P3 [Consent \(sex\)](#), [LGBTQAI+ Speaker](#)

Life Skills Y12: [consent \(Su1\)](#) [safety online](#), [keeping yourself safe and abuse](#)  
Y13: [consent \(Sp2\)](#), [domestic abuse](#), [historical changes in attitudes to marriage and women](#). there are also resources on [sexting](#), [stalking](#) and [work based sexual harassment](#)