

## PSHCE OVERVIEW 2023-2024

	Y7- Tuesday		Y8- Thursday		Y9- Thursday		Y10- Thursday		Y11- Tuesday	
	PSHCE	POWER	PSHCE	POWER	PSHCE	Power	PSHCE	POWER	PSHCE	POWER
Autumn 1	<a href="#">Friendship: and transition to secondary school</a>	<a href="#">Road Safety</a> <a href="#">Online Safety</a> <a href="#">Bullying/Banter</a> <a href="#">Online safety</a> <a href="#">Drugs</a> <a href="#">Puberty</a>	<a href="#">Digital Literacy</a>	<a href="#">Grooming</a> <a href="#">Cyber Bullying</a> <a href="#">Peer Pressure</a> <a href="#">Sexting</a> <a href="#">Social Media</a> <a href="#">Bullying/Banter</a> <a href="#">FSM</a>	<a href="#">LGBTQAI+; Love &amp; Marriage</a>	<a href="#">Sexual</a> <a href="#">Body Image</a> <a href="#">Contraception</a> <a href="#">Dating Violence</a> <a href="#">Impact of Pornography</a> <a href="#">Digital Health</a>	<a href="#">Positive relationships</a>	<a href="#">Positive Relationships</a> <a href="#">STIs</a> <a href="#">Sex: Better Decisions</a> <a href="#">Dating Violence</a> <a href="#">Digital Health</a>	<a href="#">Perseverance &amp; Procrastination</a>	
Autumn 2	<a href="#">Environmental Sustainability</a>	Enterprise: DRAGON'S DEN	<a href="#">First Give</a>		<a href="#">Managing Debt; Addiction</a>  <a href="#">ILPs</a>	STEM	<a href="#">Stress Management; Mindfulness</a>	Urban Planning (CragRats?); D of E (+ First Aid) Food; Industry	<a href="#">Sixth-Form at BGS</a>	Sixth Form Options
Spring 1	<a href="#">Wants &amp; Needs; Intro to Money</a>	2nd Language Choices	<a href="#">Emotional Literacy</a>  (First Give)	Europa Town; ICT; The Real Game	<a href="#">Options</a>	Options; ToK; Fast Tomato	<a href="#">Work Experience; Careers</a>	Work Experience	<a href="#">Careers</a>	Gangs; County Lines; Consent (sex); LGBTQAI+ Speaker
Spring 2	<a href="#">Healthy Living; Balanced Diet</a>	Investigating who we are: Mindfulness	<a href="#">CAS Journals</a>	Mindfulness: Meditation & Wellbeing	<a href="#">Self Manager &amp; Confidence</a>	Mindfulness; Growth Mindset; Resilience; Stand Up	Exam skills	Stress Management; Active Lifestyle (reviews autumn 2 and support exam skills)	<a href="#">TOK</a>	English Day; Exam Stress
Summer 1	Exam Week Prep / <a href="#">Democracy in the UK</a>	Japanese Maths; Origami; Language Games & Song; Kendo	<a href="#">Consent</a>	Brexit; Dhol Drumming; Fair Trade; Food Miles International Cuisine	<a href="#">Mental Health</a> (replaced Exam Prep & Self Discipline)	Drumming (All day) BALANCED DIET MANAGING DEBT & GAMBLING CANCER - put these somewhere	<a href="#">Risk Taking</a>	2018-2019: Danson WaterSports; Subject Session; Money Matters CV WRITING FIRST AID WHY UNI AND PSHCE	<a href="#">Goodbyes; Study Leave</a>	<a href="#">Study Leave</a>
Summer 2	<a href="#">Racism &amp; Respect</a>	No Power Day	<a href="#">British Values</a>	No Power Day	<a href="#">Extremism</a>	No Power Day	<a href="#">Life Skills</a> (replaced British Values)	No Power Day	<a href="#">Study Leave</a>	<a href="#">Study Leave</a>

### RSE audit and [Sixth form life skills](#):

Y7: Au1: [Friendship](#); [Love & Romance](#), [Consent](#). Sm1 [British values](#). Sm2 [equality](#). P1: [Bullying/Banter](#); [Online safety](#), [Puberty](#)

Y8: P1: [Grooming](#), [Cyber Bullying](#), [Peer Pressure](#), [Sexting](#), [Social Media](#), [Bullying/Banter](#), Su1: [consent](#)

Y9: Au1: [LGBTQAI+](#), [Love & Marriage](#), P1: [Sexting](#), [Body Image](#), [Contraception](#), [Dating Violence](#), [Impact of Pornography](#), Sp2: [Self Confidence](#), [Mental Health](#)

Y10: Au1: [Domestic Conflict](#), P1: [Positive Relationships](#), [STIs](#), [Sex: Better Decisions](#), [Dating Violence](#)

Y11: Sp1: [Perseverance & Procrastination](#) (respecting boundaries), P3 [Consent \(sex\)](#), [LGBTQAI+ Speaker](#)

Life Skills Y12: [consent \(Su1\)](#) [safety online](#), [keeping yourself safe and abuse](#)  
Y13: [consent \(Sp2\)](#), [domestic abuse](#), [historical changes in attitudes to marriage and women](#). there are also resources on [sexting](#), [stalking](#) and [work based sexual harassment](#)