Isolation Guidance

I don't have my own device and will struggle to get online, what should I do?
Email Miss Aspill as soon as possible.

What should I do in terms of school work?
Follow your timetable - the work should be put on Google Classroom or will be emailed to you.

What do I do if I can't find the work or do not have enough?
Email your teacher straight away and ask for the work or extension work.

What if I finish the work quickly and do not hear back from my teacher?
Work on your ToK essay and complete any outstanding IAs.

How do I access the Google Meet codes for live lessons?
Check with your teacher to see how this will be sent to you. If in doubt click on the link at the top of your Google Classroom page to enter the lesson.

I was supposed to have an assessment during the isolation period, what will happen with that?
Your teacher will organise another time to complete this.

Remember:
- Check Mr Elphick's letter on ParentPay for all links for Government advice on staying at home
- Keep in touch with Miss Aspill throughout the isolation period if you need any work or advice.
- Keep in touch with your teachers to see how they would like work submitted over this period to make sure you are keeping on top of things.
- If you are unable to keep up with work, for whatever reason, then email Miss Aspill to make her aware.

Wellbeing Links
If you are struggling with your Mental Health then get in contact with Miss Aspill or your Form Tutor.
These may well be useful also:
- https://youngminds.org.uk/find-help/looking-after-yourself/
- https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/
- https://youngminds.org.uk/blog/looking-after-your-mental-health-while-self-isolating/
- https://youngminds.org.uk/blog/tips-for-creating-a-routine-during-self-isolation/
- https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/
- https://docs.google.com/document/d/1SjrBEwZOZH1zeZxUREhAp1nibMPtNLO1RNmP1PoxpWI/edit