

NEWS LETTER



October 2020

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PE in the Newsletter



PE News

It's beyond time to update our honours boards. If you've been selected to represent your county, region or nation (!) - please make sure that Mr Lines knows, and he can then update our honours board so that everyone can celebrate your success and be inspired by it. We're very proud of our representative honours students, so make sure you get the credit you are due.





PE News

Well done to the Year 7 and 8 Rugby Teams, who played brilliantly this week.

The 8s rolled to an impressive 40-25 win over Colfe's on Monday, including a 10 minute hat-trick from Michael and other tries from Henry, Jamie and Ebube.

The Year 7 team played some great rugby in losing narrowly 40-35 to Beths on Tuesday. Tries came from James, Zac, Euan and Tami. Both teams played in a great spirit, and were tremendous representatives of the school.

Well done boys!

Mr Lines, Head of PE



PE News

Congratulations to the Year 9 Football team for reaching their 2nd consecutive North Kent Cup Final. They were due to play Hurstmere (again!) next Wednesday (25th March), however, that has been cancelled and will be played following a return to "normality"!

Congratulations to all of those involved. They are a fantastic squad and so many are totally committed to training, which has a huge impact on the quality of football they produce.

Mr Martin, Year 9 Football Team Coach

The netballers are at it again. Well done to the Year 7s, who won 6-1, and to the Year 8s, who ran out 5-0 winners - both against Bexleyheath Academy on Monday. Well done ladies!

Mr Lines, Head of PE





PE News ~ Year 7 Netball

With over 40 girls still attending training on a weekly basis, the Year 7 netballers are showing progression and confidence in their game play.

On Wednesday 6th November, our Year 7 A & B Netball squads took on Chislehurst and Sidcup Grammar School for our very first game on our new netball courts. The B team displayed calm play throughout the court and great potential for future matches. Eloise was named as our player of the match for her well timed defensive skills, stealing lots of interceptions from a strong Chis & Sid team. The squad narrowly missed out, losing 2 - 1 at the final whistle.

The A team started with some panic, making a few errors in bringing the ball through court, but our defensive drive throughout the court kept us in the game. The game was very well contested but through our excellent movement and passing skills we managed to secure a 7 - 4 win- a huge achievement for our girls in their second ever game. Lola and Lottie were named as players of the match for their excellent movement and defence throughout the court! A special mention to Alice, who played a leading role in the attack, even with a sore shin! A big thank you to all parents/siblings and friends who came to support.

Well done to both teams- we have lots more games coming up so watch this space!

Ms Leffen and Miss Aspill, Netball Coaches



PE News

Congratulations to our fabulous Year 7 Netball team who secured a 6-0 win against Harris Academy Falconwood on Tuesday in their first ever match. Netball club has been very popular this year with over 40 girls attending on a weekly basis. In training, the girls are going from strength to strength, showing determination and focus to improve their skills.

A squad of 11 was selected for Tuesday's match, where the team displayed some fast through court play. The team worked hard on their defensive skills, which saw us make lots of interceptions. The players of the match were Alice and Imogen for their fantastic shooting skills and quick play around the circle!

Well done all- keep it up!

Miss Leffen, PE Department





PE News

Year 7 Netball club has been tremendously popular this year with over 30 girls attending on a weekly basis. The girls have shown consistent improvement over the autumn term showing vast progress in their defence and attacking skills. At training they have worked on their ball handling skills, interception and timing skills as well as perfecting their own positional skills. We have been very lucky to have some excellent coaching support from Miss Aspill, Katie (Year 12), Grace (Year 12) and Rebecca (Year 12) who have worked individually with students and teams to support their growth. Thank you to all involved and a huge thank you to all parents who have come along to support us!



Autumn Term Netball Awards

Congratulations to all members of Year 7 Netball but a loud shout out to the students below who have excelled at Netball this year:



Most Improved players (awarded to students who have shown improvement in game play)

Lola Bibby
Precious Nwaekpe
Alexsandra Valchanova

Top trainers (awarded to students who have worked hard in training to develop their own skills)

Rachel Wright
Emily Hoang
Poppy White

Future leaders (awarded to students who have worked with others to develop their skills)

Mia Millin
Lottie Hooton

Players of the term (awarded to students who have shown great skill)

Alice Black
Eloise Knowles
Alexis Otse

The commitment to training has shown during our competitive matches where we have secured some excellent wins this term.





A Squad

Results

Harris Academy Falconwood 0
Bexley Grammar School 6

Chislehurst and Sidcup Grammar School 4
Bexley Grammar School 7

Bexleyheath Academy 1
Bexley Grammar School 14

Townley Grammar School 6
Bexley Grammar School 8



B Squad

Results

Chislehurst and Sidcup Grammar School 2
Bexley Grammar School 1

Bexleyheath Academy 0
Bexley Grammar School 11



Fixtures coming up:

Harris Garrard Academy (17th December 2019)

Trinity School (28th January 2020)

Haberdasher Askes Crayford (3rd March 2020)

Bexleyheath Academy (16th March 2020)

Townley Grammar (17th March 2020)



With our Bexley Tournament being played on 27th February 2020, we are excited to continue to train hard and keep the winning streak going.



Well done to every girl who has attended Netball club this year- we look forward to seeing you every Tuesday next term!

Miss Leffen, PE Department



PE News ~ Year 7 Netball Tournament

A Team

On the 3rd March, the Year 7 Netball teams went to a netball tournament at Haberdashers' Crayford Academy, this was against some Bexley schools for both A and B teams.

The first game the A team played was against Wilmington Grammar School and it was freezing, so we took a while to warm up. We drew 0-0, but even though we were off to a slow start, we didn't let that throw us off track. For the first game, Alice was voted as the player of the match for her excellent movement. Our second match was against Townley and now that we had warmed up and were used to the games we beat them 3-1. Everyone played amazingly throughout the court, but Lottie was voted out player of the match for her incredible defensive skill. The next game we played was against Trinity and we won 4-0, a great score. Precious played particularly well and was the player of the match for her interceptions. Our final game in the tournament was against Chis and Sid, but we lost due to unforced errors. They beat us 1-0 and so we came 3rd out of 10 teams. We then nominated our player of the tournament and Lottie won due to her overall skill and interceptions on the court. We all had a great time and this was an amazing experience for us. Last but not least, Special thanks to Katie in Year 12 for helping us in our training and coming with us to this tournament.

Emily Hoang, Year 7

B Team

On March 3rd, Bexley Grammar participated in a netball tournament with some stiff competition at Haberdashers' Aske's Crayford Academy.

The first game was against Bexleyheath Academy's B team. The players were as follows: GK Yaeneee, GD Siena, WD Hattie, C Rachel, GA Alexis and GS Alexandra. The player of the match was Yaeneee for her incredible interceptions. Unfortunately, we lost 1-0 due to fumbles with the ball. The second game was against Haberdashers' A team. The players were GK: Demi, GD: Siena, WD: Poppy, C: Rachel, WA: Tilly, GA: Alexis and GS: Alex. The player of the match was Poppy because of her passion and drive. Unfortunately, we lost 1-0 due to a lack of running to create space. The third game was against Trinity's A team. The players were as follows: GK Demi, GD Poppy, WD Hattie, C Rachel, WA Tilly, GA Jana and GS Alex. The player of the match was Alex because of her movement to create space. Unfortunately, we lost 1-0 because of unforced errors. The fourth and final game was against Haberdashers' B team. The players were GK: Yaeneee, GD: Poppy, WD: Siena, C: Rachel, WA: Tilly, GA: Alexis and GS: Jana. The player of the match was Rachel due to her constant availability. Luckily, we won 2-0.

Well done to Rachel for being an excellent and motivating team captain for the B team and well done to Tilly, who was voted Player of the Tournament for her constant availability, use of pace and hard work throughout the tournament right to the end. In Tilly's style, she always wants to improve. Special thanks go to Grace, Year 12, who helped and supported us during the tournament.

Demilade Samuel-Onette, Year 7





Well done to our Year 9 and 10 footballers, who both secured very good wins to reach the quarter finals of the Kent Cup this week. The Year 9s were playing the defending champions and muscled their way to a 5-3 win, while the Year 10s enjoyed an easier time - strolling to a 5-0 win. The quarter finals will be after the Christmas holidays - so sweets and cakes should be kept to a minimum! Well done to managers Mr Gilmore (Year 10) and Mr Martin (Year 9) too for their hard work on a chilly afternoon.

Mr Lines, Head of PE



PE News

Well done to the Year 7 and 8 boys, who won the Bexley sports hall athletics competition on Wednesday. They now advance to the regional finals in February.

The Year 9 netball team produced an excellent display on Tuesday, beating Trinity 20-3 in a very strong performance.

Well done girls!

Mr Lines, Head of PE



PE News

The Year 9 Basketball Team kept their Kent Cup hopes alive this week with a quarter final win over Beths Grammar on Monday night. The boys started very quickly and amassed a 30 point lead which they never relinquished. They ran out 74-43 winners. Special mention to Arinze who top scored on 32! Excellent team effort by all.

Mr Skinner, PE Department





PE News

A successful afternoon of basketball on Thursday for the boys. The Year 9s managed to rack up an impressive 82 points in their Kent cup fixture, while the Year 7s squeaked to a narrow win over Hurstmere.



Well done to the Year 7 and 8 girls' Sports Hall athletics teams. Both finished as runners up in the Borough Championships held at Townley GS on Tuesday. There were some epic performances from the girls.



Well done to the Year 10 and 11 netball teams who both earned wins over HACA in very chilly conditions on Wednesday. The 10s won 15-3, while the 11s won 11-3. Great work girls!

Mr Lines, Head of PE





PE News

Year 8 Netball

One Tuesday afternoon the Year 8 Netball team went off by coach to a tournament at Harris Garrard. It was bitterly cold and we all were shivering but despite that we came back to school very successful by winning 2 and drawing 2. Our biggest victory was winning against Townley (our toughest opponents!). We showed crucial teamwork and played to our best abilities. Our final player of the match went Liza. We are all proud of our efforts and ourselves at the end of the day as we played excellently.



The Year 8 Netball Team



Early morning netball training every week at 7.45am without fail. These lovely ladies are a real credit to their families and the school. Resilience and hard work does pay off, girls. You showed true strength of character at the tournament with a victorious win against Townley: 2 wins and 2 draws, our best result so far. Super proud of you all! A few more matches to go until the end of the season... Keep going girls! Congratulations!



Mrs Kemp, PE Department

A really enjoyable game of football for the Year 8 squad. The score (a 4-1 loss) was a harsh reflection of the game. St Columba's had the better of the first half with BGS on top in the second. Some ruthless finishing by the home team ensured they came out on top. The effort from the entire 15 pupils involved from BGS was brilliant. Despite the loss it was a really positive atmosphere within the team. Congratulations on being a fantastic bunch and having an amazing team spirit.

Mr Mackle, PE Department

