



Extracts from the Whole School Improvement Plan - Wellbeing

Priority 2

2. Wellbeing and Personal Development - Aims

Students learn best through positive experiences. We strive to care for all students and support their personal development.

We will:

- a. Remain fully aware of the increased contextual safeguarding risks that are present in our students’ communities and promote a ‘this could happen here’ approach;
- b. Provide professional development for emotional wellbeing and mental health for both students and staff;
- c. Ensure PSHCE programmes, Power Days and Assemblies are coordinated to have maximum positive impact on student mental health;
- d. Ensure mental health problems are identified early and appropriate support provided;
- e. Engage parents in promoting good mental health and wellbeing in their child(ren), especially through managing their use of social media;
- f. Achieve the Wellbeing Award for Schools (WAS);
- g. Ensure early-intervention behaviour strategies for targeted students in KS3;
- h. Develop “Growth Mindset” strategies to help students develop their academic and emotional resilience;
- i. Implement the “Instructional Coaching” model as part of a cost-effective CPD programme to develop teaching staff.

Leader: S. Elphick

Evaluator: Governors

Priority 2: Wellbeing and Personal Development Action Plan

Success Criteria	Current Position	Actions	Responsibility
All staff are fully aware of the increased contextual safeguarding risks that are present in our students’ communities and promote a ‘this could happen here’ approach.	Safeguarding updates regularly provided at whole staff meetings.	Deliver twilight in Nov 2019 to Teaching Staff with changes to KCSIE 2019 highlighted.	HJG / LRH
	Whole staff safeguarding twilight delivered by HJG in January 2017.	Staff are confident in their roles with regard to safeguarding, as evidenced by staff evaluations.	HJG / LRH
	Support Staff updated by email.	Support Staff training is successfully delivered.	HJG / LAB
	KCSIE register kept in the school office and updated annually.	KCSIE Safeguarding register is signed by all members of staff for 2019.	HJG / LAB

SCHOOL IMPROVEMENT PLAN – Whole School Plans

<p>BGS achieves the Wellbeing Award for Schools (WAS).</p>	<p>We are seeking Wellbeing Award for Schools accreditation during the Autumn Term 2019.</p>	<p>Mental Health and Wellbeing training provided for all school staff, to continue to increase our expertise in this area (e.g. MHFA, Mindfulness, Active Listening etc)</p>	<p>VLE / LRH</p>
<p>Professional development for emotional wellbeing provided. Training and support in mental health issues for both students and staff.</p>	<p>Work towards ensuring the DSL, Deputy DSLs, MHFAs and pastoral team are well trained continues.</p>	<p>SMT and the Change Team to develop a whole-school wellbeing and mental health vision statement and strategy.</p>	<p>VLE / SMT</p>
<p>Mindfulness embedded into the school curriculum from September 2020.</p>	<p>We have recently appointed SMB as Mindfulness Lead.</p>	<p>Curriculum model to be analysed to find space to include Mindfulness sessions.</p>	<p>SMB / VLE / DTM</p>
<p>PSHCE programmes, Power Days and Assemblies are coordinated to have maximum positive impact on student mental health.</p>	<p>RSE is embedded in our current PSHCE programme but does not stand out as a priority and is not in line with 2020 requirements.</p>	<p>RSE, wellbeing and safety embedded into our current PSHCE and Power Day programme.</p>	<p>VLE / JSM</p>
<p>Parents regularly updated with advice on good mental health and wellbeing in their child(ren), especially through managing their use of social media, via the newsletter and school website.</p>	<p>Regular safeguarding and wellbeing updates are provided for parents via the newsletter but not the school website.</p>	<p>Ensure that the school website has numerous services signposted and that regular newsletter items are distributed, particularly around e-Safety.</p>	<p>HJG / VLE / JA</p>