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9th May 2019



# KS3 PRODUCTJON OF 'A MJDSUMMER NJGHT'S DREAM' WEDNESDAY 15TH MAY, 7PM

# THURSDAY 16TH MAY, 7PM

TJCKETS ON SALE FRJDAY 10TH MAY AT 9AM £5.00 FULL PRJCE £3.00 CONCESSJONS

PLEASE CLJCK HERE TO PURCHASE YOUR TJCKETS

# IB Class of 2019 and their amazing Creativity, Action, Service (CAS)!

The IB aims to create 'the all-round' student and one that can reflect fully. Recently, we have been featuring some examples of the amazing experiences and projects the Year 13 have been involved in and their reflections on their involvement:

### Volunteering at Demelza House

At the beginning of the year, I wanted to start volunteering so I looked online for places where I could volunteer and also asked my friends and family. Eventually, I found a place at Demelza, Children's Hospice, which provides hospice care for children all over the country. I hoped to help

the other workers and volunteers, but also the children and their families, to make their lives easier, a little happier, and to make a difference. I was excited to gain a new perspective and become part of the community. As I was working mainly in the kitchens, I was also keen to learn more about preparing and serving food as this is an essential life skill.

#### Reflection

I hoped to help the other workers and volunteers at the hospice, but also the children and their families, to make a difference. I had not volunteered on a long term basis outside of school before, so at first it was difficult for me to find time whilst also committing to my school responsibilities and duties too. However, I made sure to go during times when I knew I would not be busy so that I would not feel stressed when volunteering, but to rather feel calmer and relaxed. I felt very good when I was volunteering and happy that I could help out other people in such a simple and easy way. As a result, I feel that I have achieved so much. I have contributed by volunteering my services, by supporting and listening to the children, but also by cooking for them and the staff. I feel that I have grown as an individual and matured. This was made easier with the support of the staff who all ensure that the team works efficiently and also stays organised.

I got to meet some of the children and spoke to them briefly to make them feel at ease with me. I am particularly good at working with children as I have many younger siblings and help out at school with the younger students; however, I have not worked with children with SEN so it was a new experience for me. One of the weeks was incredibly emotional, there were butterfly pictures all over the Hospice with a butterfly being projected in the main entrance. This was because during that week two of the children had passed away and at Demelza butterflies are used to signify that the butterfly suite was in use. The butterfly suite was used by the families who devastatingly, have had a child pass away. This allows the staff and volunteers to be aware and so we could pay our respects to the family.

I am very happy that I gained a new perspective and became part of the community; this was important because we should always try to be part of the community and help others where we can. I was also keen to learn more about preparing and serving food as this is an essential life skill that will take time to build and improve. As I am working towards a career in Dentistry, volunteering has really prepared me for the future and has taught me how to tailor the way I speak to different people to ensure they understand me and also to help them feel comfortable and at ease.







#### **Climbing Mount Snowdon**

I planned to climb Mount Snowdon. My plan was to walk to the peak along the Llanberis Path, which is a steep path, but very scenic as well, so it has become a very popular path. In this activity, we would climb right to the peak of the mountain, and then walk back down as well. There was an option to take a steam train back down, but if we walked down as well, it was estimated to take up to five hours to complete the whole walk.

Through this activity, I hoped to improve my determination, as well as resilience and commitment. I believed I would achieve this through the long and challenging walk, where I would most likely meet many new challenges along the way, due to unpredictable weather and steep terrain.

#### Reflection

Climbing Snowdonia took us approximately two and a half hours to climb to the peak of the mountain, along the Llanberis Path, which is the most common route because it offers a combination of great scenery as well as being a challenging walk.

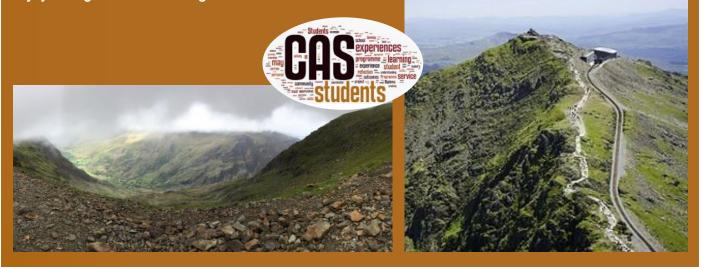
The climb up the mountain was challenging, but enjoyable at the same time. The last 45 minutes of the walk up was by far the hardest part because as we approached the summit, the temperature dropped and there was a lot of hail, which just got heavier the further we went up. When we finally reached the summit, we had to climb some steps to reach a small monument that signified the peak, I was happy that I managed to get a photo of this, despite the treacherous conditions. We then took shelter in the cafe at the top of the mountain, where we were able to dry off and have something to eat and drink to prepare ourselves for the journey back down.

We had the option to take the steam train back down, but we were up for the challenge of walking down as well. The walk down was a lot nicer for us, since the weather cleared up,

allowing us to see the scenery much clearer and allowing us to take photos. We walked back down the mountain in about two hours, meaning that we completed the whole challenge in under the five hours that I originally planned.

I really enjoyed the activity and believe that through this, I was able to improve my determination, resilience and commitment to get to the peak of the mountain through the difficult conditions. The activity also gave me the confidence to know that I would enjoy doing similar challenges in the future.



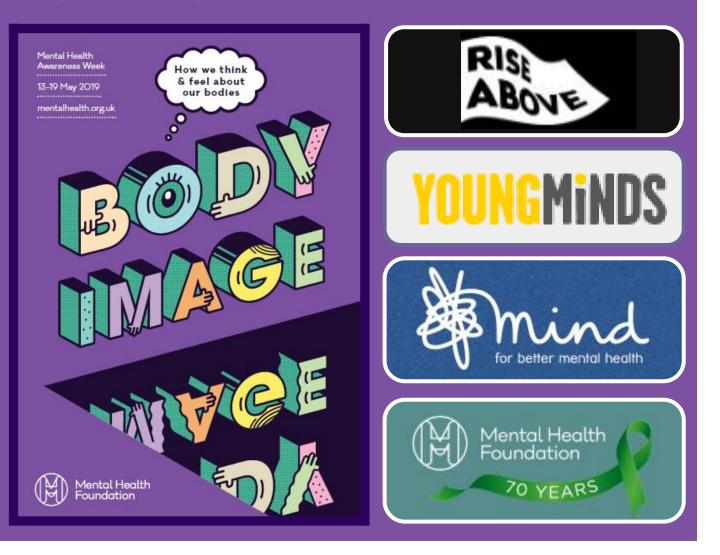


# Mental Health Awareness Week 2019 will take place from Monday 13<sup>th</sup> to Sunday 19<sup>th</sup>May 2019

# This year the focus is on body image

Below are some inks that you may find useful:

https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week https://youngminds.org.uk/ https://www.mind.org.uk/ https://riseabove.org.uk/



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Bexley Grammar School vs St Paul's Academy North Kent Cup Semi-Final

> Year 8 Football 1<sup>st</sup> May 2019 Score line: BGS 6–3 St Paul's

A fantastic day for BGS' Year 8 football team. Coming back from 1-0 and scoring 6 thanks to Arinze and Malachy's brace, an own goal, followed by a fabulous strike by Jonny to wrap up the match. We battled hard against a team who were double the size of us, and competed physically and technically, which resulted in a huge win for us and the school. There were many great goals, but goal of the day has to go to Malachy, with a chest down and a fine finish into the top corner on the volley from the edge of the box, which put us 3-2 up before half time. A great performance all round from the boys, from our goalkeeper Aidan, all the way through the defence, midfield and right to Arinze up top. We played great football, and it would have had been a much more convincing score line if the oppositions keeper hadn't made a string of outstanding saves.

Many thanks to our super supporter Earl for watching and supporting us on many occasions through the North Kent cup.

Well done to St Paul's for getting this far, but now it's time to look on towards the final against Hurstmere, which will stretch our abilities even more. Any support would be massively appreciated in the final, away at Hurstmere.

#### **Oliver Knight, Year 8**

Working with this terrific bunch of young men is a highlight of the week. They have worked so hard to get to the North Kent Cup Final and hopefully they continue that good form into the Final. Thanks to all of the parents who turn up to support them and congratulations to all of the squad for their contributions. Keep an eye out for the date and location of the Final next week.

Year 8 Football Squad: Aidan Wicks, Oliver Knight, Leo Ridge, Liam Hutchings, Dillon Walton, Ben Evans, Mason McKenna, Dayo Sijuade, Malachy Turner, Ilkan Aydingun, Dexter Gilchrist, Riley Woods, Obi Igwe, Samuel Ojeabulu, Hari Samra, Arinze Chukwujekwu, Jonny Lawson, Emmanuel Eyin, Kelvin Hilary.

Mr Martin, Year 8 Football Coach







### Year 8 Diploma Celebration Evening

We will be sending home a letter this week regarding the KS3 Diploma Celebration Evening. This will be held on Tuesday 18<sup>th</sup> June with a start time of 5pm. We are holding this event to celebrate all the hard work the year group has put into their KS3 Diploma. They are currently working on the final aspect of this in the form of the CAS reflective journal which is due on Friday 17<sup>th</sup> May. I do hope that you will be able to join us to celebrate your son/daughter's achievements. Please note that the letter will be



sent by ParentPay and will have an electronic reply link. Please confirm via the link if you are able to attend and confirm the number of seats you will require.

#### Mrs Boulden, Director of Studies, Year 8



#### News items you may have missed

#### Year 11 - Study Leave, revision sessions & important updates

This week we have been inviting Year 11 students to specific Revision Sessions. If you have received an invitation(s) for your son/ daughter to attend and haven't already responded, please could **confirm their attendance by Friday**, **10**<sup>th</sup> **May**.

Please note the Year 11 Book Return date has been brought forward to Monday 17<sup>th</sup> June, between 11am and 12.30pm.

Thank you

#### **Bexley Grammar School**

BEXLEY GRAMMAR SCHOOL MUSIC DEPARTMENT PRESENTS

KS3 SHOWCASE CONCERT

#### Love to perform? In Years 7-9?

We are looking for performers for our KS3 Showcase Concert on Wednesday 22 May, 6 - 8pm. You are invited to attend auditions on Wednesday 1 May after school in MU1. Callbacks will be held on Wednesday 8 May after School in MU1.

Please sign up for an audition on the BGS Performing Arts Website (KS3 Showcase 2019)

### Book amnesty and book appeal

The Library is more popular than ever, and so far this year students have borrowed a record 6890 books! A big thanks goes to the parents that help in the Library - Sandrine Fabris-Abbate, Sarah Wilson, Irene Ranoe and Lisa Hanley - who are fantastic at working with the students on creating displays, labelling books and helping students find their next tale to read.

Unfortunately the downside of having such avid book reading students is that I have found that a large number of books have gone missing, and have been borrowed without being issued to student Library accounts. If you could check your houses for any books that belong to the Library and ensure these are returned (either by your child or dropped at Reception) I would be hugely grateful.

Also, if you have any teenage fiction books, biographies or cookbooks that you no longer want, please can you donate these to the Library? They will certainly find a good home here!

Thank you

Mrs Carey, School Librarian





## Is your child interested in being a pilot?

Do they hold a valid passport?

Are they aged between 14 -18 years and meet the height and weight requirements outlined in the job description?

Are they able to travel to High Wycombe on one date between 5<sup>th</sup>-9<sup>th</sup> or 12<sup>th</sup>-16<sup>th</sup> August 2019?

If the answer is **YES** to all of these, this might be good!

British Airways is delighted to launch Flying Experience Days as part of Your Flying Future. 200 students will have the opportunity to test the skies with a trial flight in either a glider or light aircraft, as well as complete other activities focusing on becoming a pilot.

Apply now: http://ba.uk/AtV8vl.

Miss Francis, Design Technology

## PA News ~Contacting Us

The PA is currently setting up a new email address. In the interim until the new one is confirmed parents are advised to contact them via **<u>enquiries@bexleygs.co.uk</u>**. Please include 'FAO BGS PA' in the subject line.



BGS Parents' Association





# Do you own or work for a local business? Looking for an Opportunity to Advertise?

On the 8<sup>th</sup>June the school will be holding its annual Summer Fayre and in past years this has been extremely well attended. To complement this, we produce a printed programme for visitors that sets out the events taking place during the day. The programme will also have space for advertising and with the expected numbers of people attending this offers a great opportunity for local businesses to promote themselves in the community at a fraction of the cost of a local newspaper advertisement.

# This year we are offering a full page (A5) advert for only **£30** or half page for **£20**.

If you would like to advertise in our Summer Fayre programme and require further information please contact:

**Michelle via email at <u>bgspa.summerfayre@gmail.com</u> by 17<sup>th</sup> May\*. All funds raised will be helping towards BGSPA's target this year of £10,000 to benefit various projects across the school.** 

\*Payment must be received no later than 1<sup>st</sup> June to ensure inclusion on the programme



#### **Bexley Grammar School**

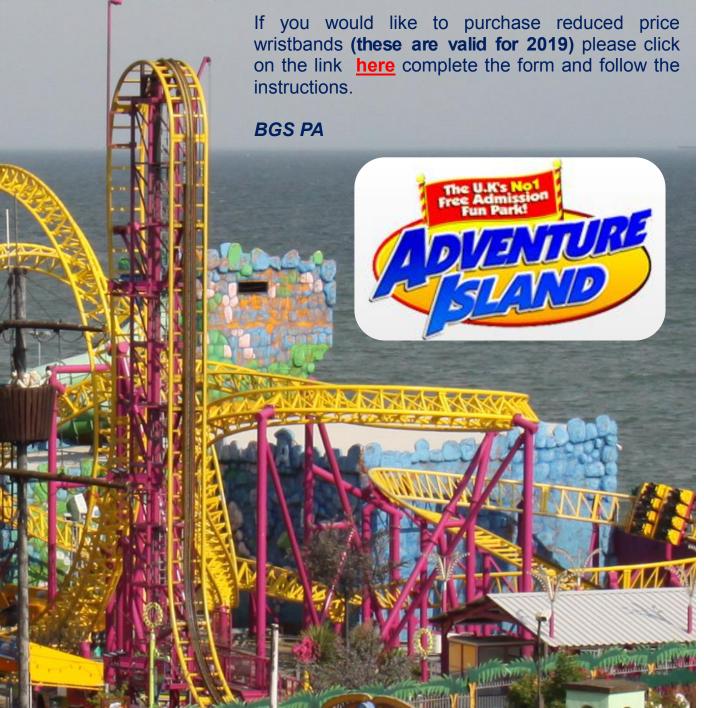


Parents'

BGS Parents' Association (BGSPA) has yet again been able to secure reduced price ride wristbands for Adventure Island, Southend. Adventure Island is a great day out for all the family, with a wide choice of rides for all ages. Check it out at: **www.adventureisland.co.uk**.

Association Although entry is free, purchase of a wristband is required for unlimited use of all suitable rides. Once purchased, a wristband can be used on any one day in 2019 that Adventure Island is open.

For anyone who is over 1.2 metres tall, a wristband would cost  $\pounds$ 22.50 if purchased online ( $\pounds$ 32 if purchased at the ticket office on the day). The PA can provide these for **only £18.00**.



# **Forthcoming Events**

## May

Friday 10<sup>th</sup> Final Day Year 11

Monday 13<sup>th</sup> to Sunday 19<sup>th</sup> ~ Mental Health Awareness Week

Wednesday 15<sup>th</sup> & Thursday 16<sup>th</sup> KS3 Production of 'A Midsummer Night's Dream' at 7pm (see notice for ticket information)

Friday 17<sup>th</sup> Deadline to advertise in the PA BGS Summer Fayre programme (see notice)



Wednesday 22<sup>nd</sup> KS3 Showcase Concert ~ 6pm-8pm (see notice)

Monday 27<sup>th</sup> to Friday 31<sup>st</sup> Half Term - School closed to students

### June

Monday 3<sup>rd</sup> First school following Half Term

Saturday 8<sup>th</sup> Summer Fayre & Sports Day (SF&SD) - Normal school day

Monday 10<sup>th</sup> Day off in lieu of (SF&SD) ~ School closed to students (except for Exam students)

Monday 17<sup>th</sup> Year 11 Book Return between 11am and 12.30pm

Tuesday 18<sup>th</sup> Year 8 Diploma Celebration Evening (see notice)

Wednesday 26<sup>th</sup> ~ Awarding bodies designated GCSE 'contingency day' for examinations