Theatre precourse information and reading

Any plays you can read or watch are excellent preparation. Accidental Death of An Anarchist, Wicked, The Shape of Things and/or Heathers would be particularly good shows to see. You can usually get much cheaper tickets in person on the day of the performances and are happy see whichever show is available.

Hamilton can also be streamed on Disney+ (although, it's obviously better in person)

typing in the name of a theatre show followed by 'slime tutorial' will usually find the show in full on youtube

Books:

National Theatre; All About Theatre Frantic Assembly's book of Devising An Actor Prepares by Konstantin Stanislavski Technical Theatre for Nontechnical People by Drew Campbell British Theatre Companies: 1995-2014 by Liz Tomlin Steven Berkoff and The Theatre of Self-performance Robert Cross