

German

Watch this German "Joe Wicks" exercise video:

<https://www.youtube.com/watch?v=liJ9O93WpH4&list=PL9H8VPpyaFzNaTiIPID1KOnySXme13bba&index=21>

1. Watch and listen to the intro up to 1 min
2. Now join in! Keep going up to 8 mins 11
3. Skip to 12 mins 6 and join in for a little longer!

Tip: Add subtitles by clicking CC on bottom right (they aren't 100% accurate!)

Stretch yourself: Try to listen and repeat some phrases!

Now, get your breath back and see what you can remember...

Numbers:

Englisch	Deutsch
One	
Two	
Three	
Four	
Do you know any more German numbers? How many can you write down?	

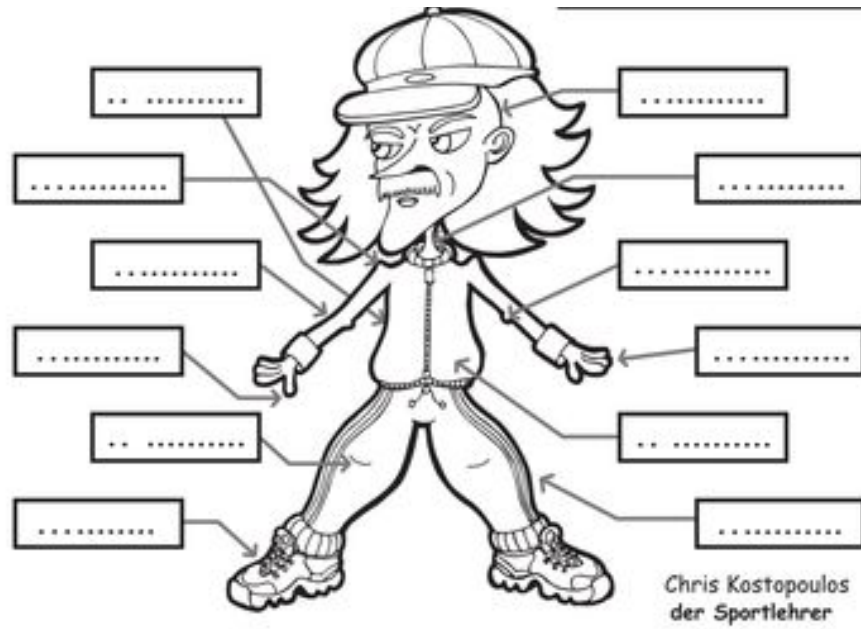
Phrases - Can you match the German to the English?

Deutsch	Englisch
1. ein Buch	A. faster!
2. Rollstuhlbasketball	B. Great!
3. Sehr gut!	C. Wheelchair Basketball
4. Klasse!	D. Very good!
5. Rechts / links	E. ten
6. schneller!	F. a book
7. zehn	G. Pow! Pow!
8. Zack! Zack!	H. right / left

1. 2. 3. 4. 5. 6. 7. 8.

How many German body parts can you label? Not all were mentioned in the video!

der Kopf
die Hand
der Hals
der Bauch
das Bein
der Fuß
der Arm
das Knie
der Rücken
die Schulter
der Finger
der Ellenbogen



Super! Gut gemacht!



GUT